



E-mail :
stds.lko@gmail.com

"The Teresian"

10th
Edition

2015

Phone :
(0522) 6560756

ST. TERESA'S DAY SCHOOL & COLLEGE

109/4, Model House, Lucknow
www.stteresasschools.com



MESSAGE FROM THE PRINCIPAL'S DESK

OFFICE BEARERS 2015-16

PREFECTS 2015-16



Dear Parents,

The corridors of time have not been a bed of roses. The school has grown in it's stature to a junior college. The architects, the founders and inspiration has been with us. Today we are classified as one of the top eight schools of Lucknow. Dexterity, hard work and educational commitment is the goal. Our students have been with us in goodness, heart and soul. Forty seven years the school has travelled the path with love, care, loyalty, oneness and a big heart. Safety of children we have dedicated to St. Teresa. Service to humanity, left people in a state of Aura. Seldom do faculty, students and administration let us down. Sure, that is why we today, are the talk of the town. We will provide the best like a deep wishing well. Remembering our college motto "Do All Things Well".

Peter Fanthome
Principal

College Captain
Ananya Agarwal

School Captain
Muzammil Beg

Anthony
Captain : Shubham K Rawat
Vice Captain : Hiba Alavi
Aditi Mishra
Aman Jaiswal

Derozio
Captain : Jayant Gupta
Vice Captain : Muzammil Beg
Nabeela Ansari
Zuaina Ahmad

Fanthome
Captain : Mayank Sonker
Vice Captain : Sagar Shukla
Aditi Chaurasia
Kрати Tejwani

Gidney
Captain : Ananya Agarwal
Vice Captain : Diksha Rai
Yash Agarwal
Devagarh Bhattacharya

6A

Al Quba

6B

Hera Khan

7A

Umair

7B

Alisha Haider

8A

Sachin Tiwari

8B

Insha Naqvi

9A

Tanvi Srivastava

9B

Mahima Wadhvani

10A

Vareesha Hussain

10B

Chavi Tiwari

11Com.

Abdul Adil

11Sc.

Atif Ali Siddiqui

12Com.

Megha Agarwal

12Sc.

Tushar Wadhvani

EYE CATCHING MOMENTS



Editorial board : Mr. Peter Fanthome, Mr. Peter Fanthome (Jr), Mrs. Geetika Kapoor, Mrs. Michelle Fanthome, Mr. Rohit Allen Augustus



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"THE DIFFERENCE BETWEEN THE IMPOSSIBLE AND THE POSSIBLE LIES IN A PERSON'S DETERMINATION"

PRE-PRIMARY ACTIVITIES

MANGO DAY

Our tiny tots from the Pre-Primary section celebrated mango day with great excitement in the month of July. The children and teachers were dressed in yellow. Happiness was reflected when sweet and tasty mangoes were served to the children in class. The whole Pre-Primary section feasted on sumptuous, mouth watering, tasty mangoes served to them on this occasion. It was a real pleasure to witness children enjoying themselves so much.



ORANGE DAY

On the 13th April 2015 children of the Pre-Primary section celebrated Orange Day. They were fully dressed in orange and brought the orange fruit for tiffin. Apart from having fun with their friends, they were also given worksheets based on the colour 'ORANGE'. Teachers were also attired in orange colour. Mr. Peter Fanthome, Principal appreciated the efforts of the children.

PAPER TEARING / PASTING

children tore bits of paper and pasted them on the picture of an apple, whale and mango. Children enjoyed themselves during this activity.

"Tearing Paper is a simple and quick way to add some texture and impress to any scrap book Page". The students of Classes Nursery, KG & Prep participated in the activity. The

HEALTHY FOOD DAY

In the modern scenario, where cut throat competition awaits the students as a challenge, physical fitness cannot be ignored, hence the activity in the Pre-Primary section named as 'Healthy Food Day', where children of Nur, KG & Prep brought pulses, eggs, green vegetables, fruits, cheese, meat etc. in their tiffins. As it was a new activity, everyone was excited to show their efforts. The children were made to learn about the benefits of the healthy food they brought. Worksheets were given based on the theme to make this day more interesting and exciting. Hence in this way, the message of staying physically fit and mentally tough reached our future leaders.

FACE MASK MAKING COMPETITION

This activity was held on 10th July 2015. Children from Nursery, KG & Prep participated. The children coloured and decorated the "Face Mask" of their favourite cartoon characters and animals like spiderman, batman, power ranger, lion, bear, monkey, doraemon, chhota bheem, angry birds etc.



EID CELEBRATION

St. Teresa's Day School celebrated Eid-UI-Fitr on 24th July 2015. Children from Nursery, KG & Prep were attired in colour dress, highlighting the joy of having sweets. Eid UI Fitr was celebrated after the Holy month of Ramadan and outset of Eid Moon. Students brought sweets included Sewayein and home made snacks in their tiffins.



DRAWING COMPETITION

Drawing is the main way through which a child can show his/her imagination and creativity on a sheet of paper and they love to do so. A drawing competition was held in the Pre-Primary section where nursery children were given a picture to colour and KG & Prep children drew a picture and then coloured it. Children had a great time during this activity and enjoyed every moment.

FANCY DRESS

As we owe to our freedom fighters, Fancy Dress was conducted by the students of Class Nursery, where students dressed up as Rani Laxmi Bai, Mahatma Gandhi, Jawahar Lal Nehru etc. Sweets were distributed among them with the participation certificates and merits as well as medals. The main idea behind the concept of fancy dress is to let the students get into the shoes that depicts his/ her personality. These activities help the children to open up and to be participative.



ENGLISH & HINDI ELOCUTION

Elocution is the skill of clear and expressive speech. The Pre-Primary Hindi & English Elocution was held on 31st July 2015. The children participated in the competition with enthusiasm. Some of the poems recited were:- My Little Pink Toe, Little Miss Muffet, Wee Willie Winkie and I am a Little Teapot and Billi Maus, Bandar Aaya, Mendhak, Mote lala etc. The judges had a tough time judging the children. A vote of thanks was given by Our Vice Principal, Mr. Peter Fanthome (Jr.). He appreciated the efforts of the teachers and students alike.



RAKSHABANDHAN CELEBRATION

Raksha Bandhan was celebrated on 28th August 2015 by our little ones to know and learn more about this festival. As India is a country of diverse religions, customs, traditions and festivals, therefore it is very important to built the same interest of respecting and celebrating the festival on others behalf. It was celebrated with activities such as tying rakhi, making a rakhi with their imprints and then sharing sweets amongst each other.

JANMASHTAMI CELEBRATION

Janmashthami is the Birthday of Lord Krishna, the eight avatar of Lord Vishnu, believed to have been born about five thousand years ago in Mathura in Dwaparyuga. On 3rd of September 2015 tiny tots of Pre-Primary celebrated this festival with great enthusiasm. All the children were dressed as Radha/ Krishna and brought sweets of coconut in their tiffins. Apart from this children made Krishna's crown and Radha's pots of handmade paper and decorated them. They were told about the birth of Lord Krishna and at the end of the day, music and dance on the theme of Janmashtami geared up more energy and excitement in the children as well as in the teachers.



FUN DAY CELEBRATION

At the end of August a day full of fun and joy had been celebrated by the little toddlers of the school where, the whole day was planned with different activities which allowed the children to have tremendous fun. They lit the floor with their dance moves, tried their hands at different activities like "Dip and Rang", Baby Yoga, Ice-cream party, Fetch the red balloon, and Paint the best cat. Many races were held like the frog race, muffin race etc. A Bouncy castle, sudden snow fall, howling whistles and crazy masks added more zest to their joy and added to the excitement of the day. Such activities builds in positive interest of every child towards their school in a fun filled environment.



"DO NOT WAIT FOR YOUR SHIP TO COME IN-SWIM OUT TO IT"

BLUE DAY CELEBRATION

Blue Day was celebrated by Nursery kids on 11th Sept. 2015 where everything was not only blue but watery too. As the day was planned with splash pool activity where kids had merry time splashing water and swimming within the pools of their size. Kids enjoyed the splash pool as well as coloured the balloons in blue colour with writing their initial letter on it. Such activity not only made the day memorable but fun loving too. Students dressed in blue coloured dresses showcased the signature colour of the day.



GREEN DAY CELEBRATION

On 11th September 2015 our lilliputs of KG & Prep celebrated the Green Day. Kids were beautifully dressed in greencolour giving soothness to eyes. They brought green balloons and worksheets were given to them to colour lady's finger, guava and green leaves. They were also told about the importance of colour green in our lives and about different objects green in colour like trees, plants, insects grasshoppers and caterpillars etc. The staff and students were attired in green to mark the occasion.

PRIMARY ACTIVITIES

EASTER ACTIVITY

Easter is the biggest celebration for Christians. It is celebrated all over the world with joy and to mark the importance of the festival. Easter activities were organized on 01st April 2015. Children of classes I & II decorated boiled eggs with the help of thermocol balls, stars and bugs bunny with the help of chart papers. Children of Class III made different types of faces on the boiled eggs and placed in a beautiful decorated basket. Then classes IV & V had painted the easter eggs with different colours and glitters. There was a festive mood and competitive spirit among the children throughout the day. The primary sections soft boards were colourfully and meaningfully decorated by the children displayed the easter nustages.



MOTHER'S DAY CELEBRATION

Mother's day celebration was held on the 11th of May, 2015. The students of Primary & Pre-Primary section took this opportunity to honour and glorify the best creation of God "The Mother". The students expressed their sentiments beautifully towards their mothers by presenting a dance performance, poems and prayers etc. Games like guessing the right numbers and bombing the city were joyfully played by the enthusiastic 'Mothers'. Gifts were awarded to the mothers to felicitate them for their unique contribution. Students presented their mothers with beautiful handmade cards. Certificates were awarded to the mothers for 'Most Beautiful Smile', 'Most Active Mother', 'Best Dressed Mother', 'Most Pleasing Personality'. Mothers were overwhelmed to see the touching gesture of their little ones. A vote of thanks was given by Mr. Peter Fanthome (Jr.), Vice Principal of School.

WRITING ACTIVITY

A good school has uniform writing which is an activity in itself. At St. Teresa's Day School the culture of writing is embedded at an early age. A writing activity was held in Primary classes and they proved that calligraphy was not far away. The cursive writing invited appraisal from one and all.





HINDI & ENGLISH ELOCUTION

The study and practice of speech, including the control of both voice and gesture is called elocution. It was a very interesting and inspiring competition as all the participants were flawless in reciting the poems and in a way they expressed their feelings through the beautiful words of poetry. Everyone applauded their efforts. Each participant had a chance to stage their talent. Our Vice Principal, Mr. Peter Fanthome (Jr.) appreciated the efforts of the children.

WORKSHOP

ICAI WORKSHOP

A career counselling workshop on options available in commerce stream was conducted for Class X, XI & XII on 3rd July 2015 by The Alumni & Institute of Chartered Accountants of India (Lucknow Branch). It aimed acquainting the students with various upcoming courses being offered by the Institute of Chartered Accountants of India. The students were also guided on the various strategies required to crack the entrance test. The resource person threw light on the entrance syllabus and briefed the students on the importance of logical reasoning and general awareness.

CLASS XI ORIENTATION

St. Teresa's Day School & College organized an orientation program for parents and students of Class XI on 04th July 2015. The orientation program was a wonderful opportunity for parents as well as students to understand the rules and regulations of school in a better way, and to know what to expect in the coming year. The Vice Principal, Mr. Peter Fanthome (Jr.) explained the importance of discipline among the students. He discussed with parents to encourage their wards to attend school daily and participate in all the extra curricular activities. He also introduced Franciscan E-Care software to the parents. The sessions and the results of the school were appreciated by the parents.



SCHOOL ACTIVITIES

ANNUAL PRIZE DAY

The Annual Prize Day took place on 26th April 2015. The event, which was a grand affair commenced with the welcoming of the Chief Guest for the occasion, Mr. Stephen DaCosta, Principal, Frank Anthony Public School, New Delhi. This was followed by the Principal's Report which was presented by the Principal, Mr. Peter Fanthome. The investiture ceremony was held where the nominated office bearers took an oath to fulfill their duties towards the school and their house, after which the overall shield for the various events was given. The AUDREY FANTHOMER MEMORIAL COCK HOUSE trophy was won by Fanthome House and was given away by the Chief Guest. The Vice Principal ended the programme by giving the vote of thanks, in which he thanked the chief guest as well as the parents present there for their support in making the function a success. The function was concluded with singing of the School Anthem and the National Anthem.

PRE-PRIMARY GRADUATION CEREMONY

The Graduation ceremony of the pre-primary children was a captivating event, this ceremony is held every year to mark the graduation of our preparatory section moving into the primary section of the school, followed by this was the presentation of medals and certificates in fields of academics, extra curricular activities such as English & Hindi debates, elocution, collage, sports etc. Medals were awarded both in the Primary and Senior section school students. It was a big moment not only for the children but also for their parents.





"YOU CAN MAKE A DIFFERENCE, IF YOU TRY"



SUMMER CAMP

The Summer Camp at St. Teresa's Day School was all about learning and fun, an event where boredom took a backseat! The Summer Camp was held from 18th May to 09th June 2015 with an overwhelming response. It was a huge success. Students participated in various activities. In the field of sports, camps were held in Yoga, Basket Ball, Painting, Martial Arts, Table Tennis & Badminton. Students also explored their art skill in pot, Tshirt, stone, rangoli, painting etc. A professional trainer conducted the camp assisting students to learn the finer nuances of the games.



ICSE & ISC TOPPERS 2015

St. Teresa's Day School felicitated the meritorious students of Class X & XII for their stupendous academic performance in session 2014 - 2015 on 19th May 2015. Outstanding and meritorious students were honoured alongwith their teachers. At this felicitation ceremony Mr. Peter Fanthome (Jr.), Vice Principal has given the cheque of Rs. 10,000/- to Mohd. Saim, student of Class XII for his remarkable performance. Vice Principal and all the teachers congratulated and praised the students. The Merit Holders of the ICSE & ISC 2015 are as follows :

ICSE : Atif Ali Siddiqui (95.4%), Shania Huda (94.2%), Akshat Mishra (93.4%)
ISC : Mohd Saim (97.75%), Syed Mohd Nayar (90%)

INTRODUCTION TO FRANCISCAN E-CARE

To keep abreast with today's time, the school is now equipped with Franciscan E-Care software where parents, teachers and management will be in touch with each other 24x7, will cater to the needs of all the stakeholders involved in the growth and development of the students of the school. It will help parents by giving a detailed analysis of a student's day in school and information of the activities undertaken thereby increasing the parents' involvement, as well as the growth and learning of their children.

DEMISE OF DR. A.P.J. ABDUL KALAM

Former Indian President Dr. A.P.J. Abdul Kalam passed away while addressing students of IIM, Shillong on Monday, 27th July 2015. Dr. Kalam was the 11th President of India and one of the most popular head of state India has seen. His sudden demise is an irreparable loss to the nation and it was grievously mourned by everyone. Government has declared a seven day state mourning. The national flag was flown at half mast during the period. St. Teresa's Day School has also observed mourning throughout the week. A legend an inspiration, a leader, a legacy, Late Dr. A.P.J. Abdul Kalam will always be remembered for the dynamic person as he was...St. Teresa's mourns the demise of former President Late Dr. A.P.J. Abdul Kalam.

PRINCIPAL'S DAY

It was a great day for the Teresian family as it was the birthday of Our Principal, Mr. Peter Fanthome. The birthday celebration was organized with a short programme during the morning assembly on the 5th of August 2015. The programme began with the prayer song by the school choir. The school captain expressed her greetings on behalf of the students with a bouquet of flowers. For the first time the Alumni of the school also wished their Ex-Principal. They sang song, poems and also cut the cake with our Principal. In his speech Our Principal expressed gratitude and thanked everyone for the love and affection showered on him. Ice cream was distributed to all the students.



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"OUR GREATEST GLORY IS NOT IN NEVER FALLING BUT
IN RISING EVERY TIME WE FALL"

FOUNDERS DAY

St. Teresa's Day School remains rooted to its foundation and acknowledges the great work done by its founders in the form of establishing a temple of knowledge with its gates thrown open for all. Founder's day was celebrated on 08th August 2015 in the presence of the school Principal, Mr. Peter Fanthome. He offered a floral tribute to the founders of the school. The program concluded with devotional songs and hymns. After which the staff assembled at the cemetery to pay tribute to the founders of the institution.



INDEPENDENCE DAY

St. Teresa's Day School & College, Model House, Lucknow celebrated Independence Day with great patriotic zeal and fervour. The special assembly which was organized to mark the event, began with Flag Hoisting and singing of the National Anthem. Thereafter speeches in English and Hindi were delivered wherein the struggles of the brave martyrs were recalled, their contribution was acknowledged with reverence and the duties of the present generation were enlisted. The Principal of our School, Mr. Peter Fanthome remarked in his speech about the problems faced by the present generation and emphasized on enriching ones personality with noble values so as to make parents, teachers, school and the nation proud.

ASISC ZONAL COMPETITIONS 2015

St. Teresa's Day School & College participated in the various competitions organised under the aegis of ASISC (UP & UK). Debate Competition (Junior) was organized in City Montessori School, Gomti Nagar on 21st July 2015. Badminton Tournament (Junior) was organised in St. Fidelis College, Lucknow on 27th July 2015. Many institutions from all over the city participated in the events.



PAST vs PRESENT TOURNAMENTS

St. Teresa's Day School & College witnessed its first ever Past vs Present Tournament held on 4th, 5th & 6th September. The tournament was organised by the Old Teresians Association which had Past vs Present Table-Tennis, Badminton, Chess, Basketball, Indian/Western Music Competition and Cricket. The Table-Tennis &

Badminton shields were won by the Present students while the Basketball, Indian Music, Western Music and Cricket shields were won by the Past Team of the Old Teresians Association. It was an exciting tournament for the present students and a memorable one for the old students of the St. Teresa's Day School and College.



TEACHER'S DAY

Teacher's Day celebration of St. Teresa's Day School & College, Model House branch took place on the 4th of September 2015. The Chief Guest of this program was Mr. Peter Fanthome, Principal of the College. The children performed on various bollywood numbers followed by the melodious song by Sumran Tauseef. A wonderful skit performed by the students titled "Modern Romeo Juliet". The dance and other stage performances mesmerized the teachers and students. The Principal offered a wonderful speech and honoured the teachers with wonderful gifts.





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"ALWAYS BELIEVE THAT SOMETHING WONDERFUL IS ABOUT TO HAPPEN"

SCHOOL PICNIC

St. Teresa's Day School & College, Model House organized picnic for students of Classes 4th to 12th in Aamrapali Water Park on 07th September 2015. Students played water games, enjoyed rides, dances and sang songs to entertain themselves. Teachers also had fun time and enjoyed themselves with the students. Students and teachers had delicious lunch. It was the day of "fun and masti" for students and teachers.



INTER SCHOOL ACTIVITIES

NOVUS LITERATI

A Literary Fest for Pre-Primary and Primary children was organized at St. Teresa's College, Aashiana, Lucknow on 27th July 2015. It was an endeavour to bring together the budding literary talents of prominent colleges of Lucknow in a healthy spirit of competition such as La Martiniere, St. Agnes Loreto Day School, Study Hall, Modern Academy and St. Teresa's day School & College participated in the fest. In such events of wide platform participation is as important as winning the Competition.

ENTENTE 2015

La Martiniere Girls College organized the ENTENTE 2015 from 05th to 7th August 2015. The students of classes Prep to XII participated in various competitions i.e. Ataraxis, Bee Jewel, Scientofab & Exhibition/ Skit Competition. All the participants participated with zeal and enthusiasm. Our school bagged First Prize in the event Paper Couture and Third Prize in Desperdiciotoy & Neurofrenzy events under SCIENTOFAB. Mr. Peter Fanthome, Principal congratulated the winners on bringing laurels to the college.

PICTURE GALLERY



ISC & ICSE Toppers 2015



Pre-Primary Fancy Dress Competition



Vice Principal Day Celebration



Teachers Day Celebration



Past vs Present Tournaments